

## Wellness Policy

### Content of the Wellness Policy

- **Specific goals** for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness
- **Standards and nutrition guidelines for all foods and beverages sold to students** on the school campus during the school day (meal pattern, Smart Snacks, Arkansas Nutrition Standards)
- **Standards for all foods and beverages provided to students** during the school day
- **Policies for food and beverage marketing**
- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Attestation in  
Child Nutrition  
Agreement and  
monitored  
during  
Administrative  
Review

## Triennial Assessment

Compliance  
with the  
wellness  
policy

Complete Wellness  
Committee  
Checklist Part 1  
to assess  
implementation  
and compliance

Compares to  
model  
wellness  
policies

Complete Wellness  
Committee  
Checklist Part 2  
and update policy  
as needed

Progress  
made in  
attaining the  
goals of the  
wellness  
policy

ACSIP Plans in  
Indistar, including  
BMI Data and  
required modules  
of the School  
Health Index